



Milton Speed Skating Club

2020-2021 REGISTRATION

Information Package

Regular Season Program:

Our season begins with the first practice on Monday, September 14th

There will be no Introduction to Speed Skating sessions until COVID restrictions are relaxed.

We will celebrate our 2019-2020 accomplishments on Sept 13th at the Milton Fair Grounds – E-vite RVSP required. <http://evite.me/CtpQRwSiWM>

Finally our skate fitting day will be Sept 12th at the Milton Sports Center – Rink C – By appointment only!
<https://www.signupgenius.com/go/10C0D4CACA72CA6F5C07-skate>

Skating Schedule:

New for 2020-2021 Due to reduced ice availability and the restriction of only having 20 skaters on the ice at a time, as well as ensuring practice groups are consistent MSSC skater hours have changed. Additionally we will be skating out of **Milton Sports Centre Rink D!**

We have divided our ice time as follows:

Team	Criteria	Eligible hours	Available practice times
Group 1 - Fundamental	Age 9 & Under	Up to 1 hours of practice	Mon. 7-8 pm
Group 2 – Learn to Train	Age 9 - 12	Up to 2 hours of practice	Mon.8-9 pm / Wed. 8-9 pm
Group 3 – Train to Train	By Invitation Only for those Age 11+ with time standard	Up to 3 hours of practice	Monday 6-7 pm / Wed. 6-7 pm / Wed. 7-8 pm
Group 4 – Active For Life	Age 13+	Up to 2 hours of practice	Mon.8-9 pm / Wed. 8-9 pm

Note: New for 2020-2021 Due to COVID-19 restrictions skater groups are currently limited to 20 skaters. The groupings for 2020-2021 may not exactly follow the standards outlined above. Accommodations are likely to be made to ensure our limited ice is fully utilized or to keep siblings skating together, etc.

There will be a formal process for parents who wish to ask for exceptions to the criteria. The application for the exception will be reviewed by the coaches and the board.

Registration and Skate Fitting: (<https://www.miltonspeedskating.com/how-to-register>)

Thank you for completing the registration process online.

New for 2020-2021

- Please remember to sign-up for your skate fitting time using the link in your confirmation email.
- Make sure you read the Concussion documents and our COVID-19 protocol.
- Finally, please complete the required OSSA waivers on-line.

If you currently have club skates (as a summer rental or otherwise), please bring them to registration so we can reconcile our inventory

Concussion Awareness: (<https://www.miltonspeedskating.com/downloads/miscellaneous>)

Any participant under the age of 26 needs to do the following two things:

1. Confirm they have read a Ministry Approved Concussion Awareness Resource and
2. Confirm they have reviewed, and committed to, the Ontario Speed Skating Concussion Code of Conduct.

The resources are found at the link above and confirmation is done via OSSA waivers on-line.

Fees:

New for 2020-2021: As usual all membership fees are **non-refundable**. New this year, we are accepting online payments through PayPal. In order to support our new online payment tool we have had to adjust our pricing slightly.

	Cash/Cheque	Savings over per hour pricing
1 hour	\$350.00	
2 hours	\$595.00	15%
3 hours	\$840.00	20%

Plus OSSA fee of **\$110** per skater.

Also add skate rental fee (**\$100**) if applicable. The club offers a blade only or boot only rental option for \$80. We also offer a family Discount: (3rd and 4th Member 50% of the club fee, there is no discount on the OSSA fees).

We still accept cash or cheque as well as credit card payment. Payment plans can be arranged by postdated cheque or through PayPal.

We do offer a pro-rated registration fee for skaters wishing to register mid-season.

Reminders to Parents:








New for 2020-2021

- Please bring your children to the rink ready to skate. They should only be carrying their helmet and skates in a small bag. We are only allowed into the facility via the south doors (across from customer service) 10 minutes prior to our rental.
- Parents are asked to sign-up for mat duty. We will have early access for these individuals to help move mats.
- All skaters and volunteers (i.e. mat duty) are required to complete the health screening questionnaire online for **each** practice.
- Parents of children under 16 years of age are expected to be present at the rink while their child is skating. Only one parent/guardian may be in the arena viewing area.


Practice Attire:



Coaches recommend you wear warm snug fitting clothing during practices. Save your skin suit for competitions. If you are going to wear your skin suit, then make sure you are covered up; it is hard to practice with cold muscles. Clothing must not allow any exposed skin. Skaters should be covered from neck down.

Safety: At a minimum, skaters are required to have:

<p>Helmet: Hockey, Ski, Snowboard and Roller blade helmet are acceptable. No bike Helmet It must be <i>securely fastened under the chin</i> at all times and properly fitted.</p>	
<p>Eye Protection: Clear safety glasses - Glasses must be held securely in place by a strap.</p>	
<p>Neck Protection: Hockey neck guard in Bib style (Only bib style are acceptable)</p>	
<p>Hand Protection: Gloves (Cut resistant) Leather palm gloves are recommended for cut protection.</p>	
<p>Knee Protection: Soft Volleyball style pads are recommended</p>	
<p>Shin Protection: Hard soccer shin guard are recommended</p>	
<p>Ankle Protection: Kevlar tubes are available for purchase by our club No skin can be visible between the skater's boot and skin suit.</p>	

New for 2020-2021

<p>Face Covering</p>	<p>It is mandatory to wear a non-medical mask or face covering in Halton. Halton public health defines this as: "A non-medical mask or face covering is a mask, balaclava, bandanna, scarf, cloth or other similar item that covers the nose, mouth and chin without leaving a gap between the face and the mask." You may use your MSSC buff for this purpose. Although it is not required to wear it while training, we recommend</p>	
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	skaters wear the buff or other face covering at all times during practice.	
Sanitization	All skaters and coaches must carry disinfectant wipes, and hand sanitizer in their equipment bags	
Disposal	All skaters and coaches must carry closed container or sealed bag for safe disposal of hygienic materials	

Newsletter: (<http://www.miltonspeedskating.com/index.php/downloads/newsletters>)

Our newsletter will continue to be the main source of communication for our members. We publish this on a monthly basis – or so. We will be using MailChimp to distribute the newsletters this year.

Follow us on **Facebook** as well for more up to date information and other tid-bits.

Calendar: (<http://www.miltonspeedskating.com/Milton-Speed-Skating/club-calendar>)

We have a calendar app on our website. Use this to determine practice cancellations and special events.