



SKATES



Thank you for everyone who has returned skates.

If you have NOT returned them, we are assuming that you are keeping them for the summer.

Please fill out the form: <https://survey.zohopublic.com/zs/HGChJz> to confirm the “skate asset number”.

Note: If speed skating camps are cancelled and ice facilities remain close, you will not be charged the summer rental fee.

Milton Speed Skating Club Annual General Meeting:

On April 27th, the MSSC Annual General Meeting (AGM) occurred via an online / virtual meeting.

During that meeting those in attendance discussed the following:

- Spending priorities for the upcoming season
- Strategic direction of the club
- Fundraising
- Ice times
- Voted on policy manual updates

ANNUAL GENERAL MEETING



...Have your say...

We also dissolved the 2019-2020 Board of Directors and **voted/declared the new Board of Directors for the 2020-2021 Season:**

President: Paul Emblin
Vice President: Jay Hahn
Treasurer: Mark Heung
Executive at Large: Trish Belleghem
Executive at Large: Kim Fletcher

Officers of the Board are:

Registration: Kim Fletcher and Stephanie Heung
Race Coordinator: Carole Emblin
Safety Coordinator: Stephanie Heung



The Board would like to thank thank Eric Guimond who served on the Board for the past 5 years in the capacity of Vice President and Executive at Large.



Off Season Dry land

You may not be able to put skates on and get out skating, but training can still continue; Virtual Dryland training opportunities is available:

1. Opportunity identified by one of our parents:

Pierre Laurent is an inline skater from Quebec.

Pierre Laurent pierre@vrlleclub.com

Main Organizer of the [Roller Marathon Canada](#)

[VRL skating team](#) Co-President and Head Coach

- Tuesdays 17h15 plyometrics ([exemple](#)).
- Thursdays 17h15, his sister runs dynamic GPP (general physical preparation) ([exemple](#)).
- Saturdays 16h00 are innovation day. They try to invite guest trainers from other sports and mix up the training.

Pierre asks that **any interested parties send him an email**. This won't work with the professional version of Skype, you will need to download the free version.

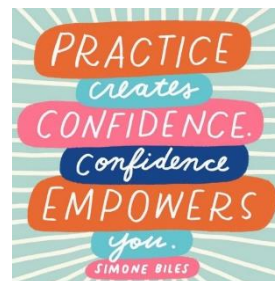
2. **Ontario Speed Skating will be offering weekly live video training sessions** for OSSA skaters led by Ryan and Sean McAnuff of Elite Performance Training and the Irish Speed Skating Team! To read Ryan and Sean's Bios, click [here](#).

The series **starts Thursday June 4th at 7-8pm**.

This will be offered to OSSA members free of charge!

OSSA members can register to receive the link to the video sessions via email.

Register [here](#). The first link will be sent out on Wednesday June 3rd.



COVID Return to Sport



RETURN TO PLAY

COVID 19 RISK ASSESSMENT



A lot of work is being done by OSSA and being communicated to the ON clubs regarding "return to sport" during this COVID situation.

What does this mean for our MSSC members.

- A survey will be sent out soon by OSSA, to collect feedback on participants needs for "return to sport". Please look for this.
 - Our club will need to adhere to our town's by-laws and facility rules.
 - We are proceeding in our planning in anticipation of a return to sport in September, but are aware that the season may be delayed,
- New protocols will need to be developed and put in place to respect the "social distancing" requirements during this pandemic.

SSC/OSSA are working on a ten week cancellation notice – i.e. events are confirmed or cancelled ten weeks in advance. We are dependent on that timeframe.